

PERSPECTIVE

it's all in how you see it

week 4

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take the next step. If you're leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

Read **Philippians 4:1-23**.

- How do you typically handle unexpected events in your life?
- Paul shows us in Philippians 4 that we don't have to worry because Jesus is in charge and He is the only one that can satisfy us. How has worry influenced your thoughts and actions?
- Why do we so often allow ourselves to be consumed by worry?
- What's keeping you from giving your worries over to God?
- How would you describe your current level of trust in God? What steps do you need to take to build your trust in Him?
- In what ways have you experienced God's strength in your life?
- What are some of the ways God is working in your life right now?
- What specific worries do you need to give over to the Lord today?
- What does Paul mean in Philippians 4:13, that he can do "all things through Christ who strengthens him?"
- What has been the most helpful topic covered in the Perspective series? What verses in Philippians impacted you the most?

DAILY BIBLE READINGS

During the Perspective series, spend time each day reading the book of Philippians concluding with chapter 4 this week. The guide below has broken the chapter down into daily readings. Use the Talk It Over questions to reflect on your daily readings. You can also use the Philippians YouVersion reading plan at go2.lc/philippians.

Day 1: Philippians 4:1-3

Day 2: Philippians 4:4-5

Day 3: Philippians 4:6-7

Day 4: Philippians 4:8-9

Day 5: Philippians 4:10-13

Day 6: Philippians 4:14-23

Day 7: Philippians 4:1-23